



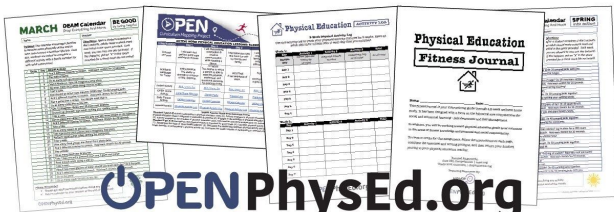
The following links and resources that I have been gathering the past couple days are from our Amazing PhysEd community from around the Globe. Please make sure if you share a document that you please give credit to those people who contributed the resources.



Created by Pete Charette

Twitter @CapnPetesPE

[Click Here](#) for Home Activity PE Visual Packet



OPEN PhysEd.org
HOME PE CURRICULUM SOLUTIONS

Free Online Physical Education Network

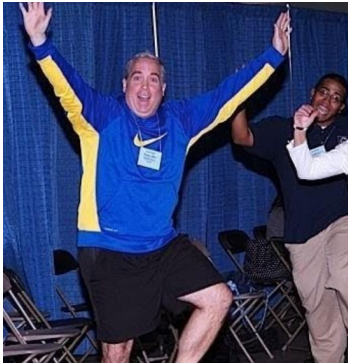
Website <https://openphysed.org/>

[Click Here](#) for Home PE Curriculum PDF



Shape Washington

[Click Here](#) for At Home Resources

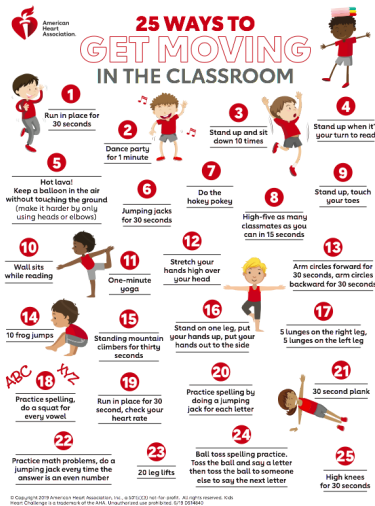


Kevin Tiller “Fitness Calendars”

Twitter @physedreview

Websites [Phys Ed Review](#) [West PE with Mr. T](#)

[Click Here](#) for Monthly Fitness Calendars



E Learning Break Resources

What’s Included: Fitness Workouts, Tabata Workouts, Would you rather, Cross Curricular, Mindful Minute, and Dance

[Click Here](#) for these E Learning Resources

Jefferson Physical Education










Twitter @MrGardner_JPS @Mr_SBairPE

[Click Here](#) for Daily Fitness Activities



Note: All of the below are ready to use in the gym!! Use whole class w/ a projector or some may be able to be used in stations with devices.

VIDEO SETS

 Darebee Workout You've seen the workouts! This offers full video of entire workout to easily follow the workout. 33 videos.	 Let's Dance - Ben Pirillo Ben's legendary videos range from light to vigorous activity, from seated to tons of movement.
 Super Seven - Kevin Tiller Seven skill based challenges using a variety of equipment available in most gyms!	 Dance It Out - Ross Chakrian Designed specifically for K-2, these are easy to follow and great to get younger students moving and grooving!
 Physical Activity Videos - Kevin Tiller This set includes a number of "Would You Rather" videos and fun videos like the "Cha Cha Slide" with a basketball.	 Jump Rope Skills - Ross Chakrian These "Jump Rope Skills to the Beat" are a terrific way to teach jump rope skills.
 PhysEd School - Kevin Tiller From Scavens to Noodles, this 16 video playlist covers many activities, plus locomotor skills and pathways.	 Themed HIIT Workouts - Glenn Higgins Glenn Higgins Fitness brings us workouts from Spiderman to the Avengers!
 Agility Ladders - Matt Pomeroy 40 outstanding videos using agility ladders. Includes slow motion to improve the learning.	 Southdown PE Physical Snacks - Lynn Hefele Physical snacks videos with students provide quick movement boosts.
 Minute to Win It Timers - over 300 different timers! Minute to Win It Challenges 108 challenges explained	 PE Physical Snacks and HIIT Workouts - combines the 2 above resources into one file.
 Throwing Targets - Many Contributors Videos can be used for overhand throw skill development and in other creative ways.	 You Choose Student Choice - Awesome activities from Eric Turill
 Projector Activities - Drew Burris Drew offers a variety of creative videos to get kids moving.	 Student Choice Videos - Awesome activities from Mike Ginicola

[Check out cbhpe.org/projector for tons of additional ready-to-use projector activities.](http://cbhpe.org/projector)

Rock Star Cast of PE Video Sets

Twitter [@CoachFoe](#) [@foes4sports](#)
[@physedreview](#) [@CoachPirillo](#)
[@GH_Fitness](#) [@projectphysed](#)
[@Physed_Pomeroy](#) [@darebees](#)
[@Mr_C_PE](#) [@RHEPE1](#) [@LynnPreble](#)

[Click Here](#) for Video Sets

Dance Videos

Twitter [@BrooklynDreamer](#)
[@JrV4Victory](#)

[Click Here](#) Brandon Herwick
[Click Here](#) Victor Spadaro Jr.



Health/Fitness Templates and Printables

[Click Here](#) for Templates and Printables
[Click Here](#) for Projector and Stations

DAREBEE



Welcome to DAREBEE, an independent global fitness resource. DAREBEE is a non-profit and also an ad-free and product placement-free website. All of the information here has been thoroughly researched and tested and provided free of charge. You can download and print anything – everything is provided in its entirety with no strings attached.

[Click Here](#) for Website



PE Central is a web site that provides information about developmentally appropriate physical education practices and programs.

[Click Here](#) for Website



Easy P.E. TV
450 subscribers

EASY PEASY



The PE Chef

[Click Here](#) Muscular Strength vs. Muscular Endurance video Google Form